



# How to Restore a Shrunken Shirt

Have you experienced the frustration of...

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# INTRODUCTION

Have you experienced the frustration of realizing your shirt shrunk after you take it out of the dryer? Use this guide to restore shrunken clothing using baby shampoo.



## PARTS:

- [Bucket](#) (1)
  - [Baby Shampoo](#) (1)
  - [Clothes Hanger](#) (1)
  - [Towel](#) (2)
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## Step 1 — How to Restore a Shrunken Shirt



- Fill a bucket with room temperature water.
- ⓘ Do not use hot or cold water.

## Step 2



- Add 1 tablespoon of baby shampoo for every 1 quart of water.

### Step 3



- Soak the shirt in soapy water for 30 minutes.

### Step 4



- Remove the shirt and squeeze out the excess water.
- ⓘ Do not rinse while the baby shampoo continues to relax the shirt.




## Step 5



- Lay the towel on the floor.
- Place the shirt on top of the towel.

## Step 6



- Fold part of the towel over the top of the shirt.
  - Roll the towel with the shirt still inside.
  - Leave the shirt inside the rolled towel for 10 minutes.
-  After 10 minutes unroll the towel. The shirt should be damp.

## Step 7



- Transfer the shirt to a new dry towel.
- Gently stretch the shirt back to its original size.

## Step 8



- Hang the shirt to air dry.

To reassemble your device, follow these instructions in reverse order.